



# Can you take 2 ambien 10mg - Genericambienonline

Can you take 2 ambien 10mg - Genericambienonline

## AMBIEN 10 MG : Have A Sound Sleep

**Zolpidem**, distributed under the brand name Ambien, is a medication primarily used for the short-term treatment of sleeping problems such as Insomnia ( trouble falling asleep for an extended period) in adults. It belongs to a class of drugs called **sedative-hypnotics**.

## HOW DOES AMBIEN 10 MG LOOK LIKE?

[Ambien 10 mg tablets](#) are capsule-shaped, white, film-coated, with AMB 10 written on one side and 5421 on the other side.

## USES OF AMBIEN 10 MG

- If you have trouble falling asleep, it would help you fall asleep faster, so you can get a better night's rest.
- It acts on the mind to produce a calming effect in the body, helping to feel the body light resulting in sound sleep.
- Moreover, one should use it in a controlled amount because it can be abused or lead to dependence.

## DOSAGE

- [Take Ambien 10 mg](#) exactly as prescribed. Because if not following the prescription can lead to addiction and abuse.

## SIDE EFFECTS OF AMBIEN 10MG

Getting out of your bed and not knowing what you are doing while being fully awake, there are many common side effects of the [Ambien 10 mg medication](#).

- Drowsiness
- Diarrhoea
- Dizziness

- Grogginess or feeling you have been drugged

Some severe [side-effects of Ambien 10 mg](#) Are as follows;

- Abnormal thoughts and behaviour: Some symptoms include more outgoing or aggressive behaviour than normal, confusion, agitation.
- Hallucination and worsening of the views of depression.
- Frequent suicidal thoughts or actions are feeling low every time.
- Memory loss for some time or maybe for a more extended period.
- Severe anxiety
- Severe allergic reaction: some symptoms also include swelling and even trouble breathing.
- Withdrawal symptoms: taking it for a long time makes one get addicted to the medication and later want to take it even when there's no need.

Always talk to the doctor if you ever get these symptoms after taking ambien 10 mg. These are not all the symptoms or side effects as everyone's body is different, and the medicine affects every other body differently.

### **What happens when you stop taking Ambien 10 mg?**

Suddenly when a person stops taking medicine, these are some symptoms for 1 to 2 days, such as;

- Trouble sleeping
- Nausea
- Uncontrolled crying
- Stomach cramps
- Panic attacks
- nervousness

### **PRECAUTIONS**

- Do not [take ambien 10 mg](#) if you drink alcohol.
- Moreover, do not take Ambien 10 mg with or right after a meal. Ambien may help you sleep faster if you take it on an empty stomach.
- Always contact your doctor if your insomnia problems worsen or if it doesn't get better within 7-10 days. This also may mean that there is another condition causing your sleep problem.
- If accidentally you take too much of the medication or overdose, get emergency help.

## **OVERVIEW**

**Ambien 10 mg** is a medication that helps treat sleeping problems such as Insomnia. It is available in a capsule for oral use. Taking the [dosage of ambien 10mg](#) as prescribed as not following the prescription would lead to abuse and addiction. There are some common side effects of the medication, but it can also cause some severe side effects. Not everyone's body is the same, and the medicine works differently for everyone's. Take emergency help if you feel uncomfortable or have trouble breathing.

[Visit us for more info](#)