

# 7 Common Conditions Treated with Occupational Therapy

Occupational therapy helps people of all ages perform daily activities and overcome physical, cognitive, and emotional problems.



## Stroke

Helps regain movement, balance, coordination, and adapt to physical limitations.

## Arthritis

Manages pain, increases joint flexibility, and teaches adaptive techniques.



## Traumatic Brain Injury

Recovers cognitive function and motor skills and teaches coping strategies.

## Autism Spectrum Disorder

Develops social skills, manages sensory processing, and teaches self-care.



## Developmental Delays

Improves motor, cognitive, and social skills and helps catch up to peers.

## Mental Health Disorders

Teaches coping skills, manages daily activities, and improves social interaction.



## Spinal Cord Injuries

Adapts to new physical limitations, manages daily activities, and improves the quality of life.

## Ready to start your journey towards better health?

Contact Renew Neurotherapy today to learn how occupational therapy can help with these 7 common conditions.

Visit us Today!

[renewneurotherapy.com](https://renewneurotherapy.com)

21 Concourse Gate, Ottawa, ON (Ontario), Canada K2E 7S4

(613) 809 1770