

MOUTH CANCER

Awareness Month

2023

WHAT IS MOUTH CANCER?

Mouth cancer, also known as oral cancer, refers to the abnormal and uncontrollable growth of cells that invade the tissues of the oral cavity or adjacent areas.



The oral cavity includes the lips, tongue, gums, inner lining of the cheeks, the roof of the mouth (palate), and the floor of the mouth.

SYMPTOMS

- Sores that do not heal within two weeks should be examined, especially if they are accompanied by pain.
- Any unusual color changes in the oral tissues, such as red or white patches.
- Bleeding in the mouth without an apparent cause.
- The development of a lump, bump, or thickening in the oral tissues.
- Persistent numbness, pain, or discomfort in the mouth, tongue, or surrounding areas.
- Unexplained loosening of teeth
- A chronic sore throat or hoarseness that persists more than 6 weeks.

RISK FACTORS

- **Tobacco Use**
- **Excessive Alcohol Consumption**
- **Human Papillomavirus (HPV) Infection**
- **Poor Oral Hygiene**
- **Sun Exposure**
- **Age**
- **Gender**
- **Dietary Factors**
- **Previous Oral Cancer Diagnosis**
- **Weakened Immune System**
- **Genetic Factors**



FACTS ABOUT MOUTH CANCER

WORLDWIDE

Mouth Cancer

affects 650,000 per year

58% OF

Mouth Cancer

appear on the tongue and tonsils.

MOUTH CANCER IS

Twice

as common in men than women

78% OF CASES

occur in the over

55 age group